

Families Learning Together

Cardiff and Vale College
Coleg Caerdydd a'r Fro



Calm Quest Tales

Fairoak Primary
School

Tuesday 7th of
October

1.15pm

COME ALONG TO THIS FUN AND INTERACTIVE FREE COURSE WHERE FAMILIES CAN EXPLORE EMOTIONS TOGETHER THROUGH PLAY, CREATIVITY, AND STORYTELLING.

DESIGNED FOR PARENTS, CARERS, GRANDPARENTS AND CHILDREN TO LEARN SIDE BY SIDE, THIS COURSE OFFERS HANDS-ON ACTIVITIES THAT HELP EVERYONE UNDERSTAND, EXPRESS, AND MANAGE THEIR FEELINGS IN A POSITIVE WAY.

TOGETHER, YOU'LL CREATE HELPFUL TOOLS AND RESOURCES TO SUPPORT YOUR CHILD'S EMOTIONAL DEVELOPMENT, WHILE ALSO BUILDING IMPORTANT PERSONAL AND SOCIAL SKILLS — ALL IN A RELAXED AND WELCOMING ENVIRONMENT.

RECEPTION TO YEAR 2

Contact us

families@cavc.ac.uk

